
The Messenger

All Saints Episcopal Church, East Lansing, MI

March 2009

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Dig into Lent and Get Ready for the Springtime of the Soul

By KIT CARLSON, All Saints Rector

John Henry Newman described the season of Lent as "the springtime of the soul." That is my hope for us as a community as we enter the six-week journey of Lent together this year. The word Lent actually comes from the Old English word for "spring," and although here in Michigan there is not much sign of daffodils or apple blossoms yet, spring is already in process. Sap is rising, and the very earliest bulbs are pushing their shoots upward. Risky robins are seen from time to time, pushing north as the spring advances, retreating when the winter smacks them back south again.

Buds on the trees swell. Snow melts. Basements flood.

This season of Lent -- six weeks of preparation for Holy Week and Easter -- ought to work this way in our souls. It is a time when we give things up, when we engage in the hard work of self-examination, when we ponder our mortality, when we strive to deepen our relationship with God. In all things, we are led by the example of Jesus as we walk with him inexorably to that cross outside Jerusalem, and finally to the mystery of the empty tomb.

(Continued on next page)

Dig Into Lent *(Continued from previous page)*

So do for your soul the same sort of work you might do in your yard or garden. Rake away those dead leaves smothering your heart. Pull up the persistent weeds that seem to endure in your soul even through the harshest winter. Set some spiritual seeds to start in the warm light of regular attendance at worship. Nourish those tender shoots with scripture or other special reading. Water your roots with a commitment to one of our Lenten classes. Prune away your attachments by giving abundantly to the Rice Bowl.

There are many ways you can grow closer to God over the next six

weeks. In personal prayer and study, by fasting and sacrificial giving, by reconciling with someone you have not forgiven, by committing to faithful worship, by gathering with others to pray and to learn. All Saints offers many opportunities to sustain this growth, and they are outlined in this newsletter and in the purple Lent brochure you will find on the table by the name tag board.

Take this season seriously. The works you do now of tending and tilling the soil of your soul will bear marvelous fruit, not only on Easter Sunday, but day after day, for the rest of your life.

-- Pastor Kit

Join the Haiti Mission Trip from Home

During the week of March 13 through 20, you are encouraged to support our mission team in prayer daily. Please remember Eddie Aparacio, Andrew Carlson-Lynch, Kit Carlson, Marlene Cosgrove, Wendy Hedeem, Colleen Hegg, Dick Johnson, Carol Mader, Pam Miklavcic, Gina Mazzolini, and Monica Stafford in your prayers.

Also, take a challenge in solidarity with the Haitian people. On one or more days of this week, plan to eat like a Haitian. To eat like most of the people in Haiti, simply fast from all food except for water and a small bowl of beans and rice, eaten at noon time. Take that day to pray and think about the people in Haiti, and millions of people around the world, for whom a single bowl of beans and rice is the best they can get for an entire day. Put the amount you would have spent on food for that day into the Rice Bowl on Sunday.

Haiti Mission Trip Quickly Approaching

By Pam Miklavcic

As of this writing, we are only four weeks out from our trip to Haiti with the Haiti Outreach Mission. The All Saints response to our request for supplies and gift cards has been wonderful! Thanks to all of you who have made donations. Your gifts will serve to represent you during our very special journey.

To date we have collected more than forty twin sheet and towel sets for the sixty children who currently live at the St. Blasé Orphanage in Mirebalais. Likewise, we have gathered art, school, and game supplies as well as outdoor play equipment. Your donations will be accepted through March 5th if you would still like to participate. It would be great to have sheets and towels for every child.

Gift cards are also a terrific way to help us as we will use the remaining donations to purchase educational toys, puzzles, and materials for a play area for the children. Keep in mind that during our visit to the orphanage last May, there was one soccer ball for thirty children. This is all they had. What All Saints is doing for this small community of children is something they will remember for the rest of their lives. It is not too late to play a part in letting them know there are people out there who care.

The difficult and uncertain financial times our country is presently facing makes what we are doing all the more precious. A concern we heard voiced at a Haiti Outreach Mission meeting last fall was the fear that the people of Mirebalais would be forgotten as we begin to face our own economic nightmare. Our hope is that the work we do at the orphanage, and the supplies we take with us, will help to allay some of these fears.

While we are in Haiti, please pray for Pastor Kit Carlson, Andrew Carlson-Lynch, Colleen Hegg, Marlene Cosgrove, Wendy Hedeem, Gina Mazzolini, Monica Stafford, Dick Johnson, Carol Mader, Eddie Aparicio and me. Pray for the children we will be meeting, and for success in the work we set out to do. In particular, pray for the medical and dental care two of our parishioners will be offering, Kit's pastoral work, and the gardening, composting, construction, and other work the rest of us will be doing at the orphanage. Last, please pray that the 'right' conditions present themselves for the future establishment of small fish farming operations at one or more of the rural Episcopal parishes we will be visiting. Fish farming is something I taught long ago in West Africa and is a new direction a small group of us will be exploring on behalf of the Haiti Outreach Mission.

We look forward to sharing our stories and photographs with you upon our return on March 20th. Thanks again for all you've done to make our work a success—even before hitting the ground in Haiti's central plateau.

Think Spring and Go Green!!!

This semester with Canterbury MSU has been busy and blessed. We have many activities planned for our students including college ministry retreats, concerts, movie nights, special worship services and of course our Alternative Spring Break Mission Trip!

Due to the help and generosity of folks in this parish we had one of our most successful Fall Feast fundraisers last October and raised over \$8,000 to fund our mission trip. This year we are going to Kingston, Jamaica, to work with St. Andrew's Parish Church doing clean-up, construction of new outreach buildings and running youth camps for kids in their parish. Kingston is the center of St. Andrew's Parish and is home to many of the people who do hospitality work in the famous beach resorts along the Jamaican coast. Their lives are dramatically different from those of the guests they serve, and we get to work with and serve these folks and their families while we are there!

In July of 2009, Chaplain Sarah and several CMSU students will be attending The General Convention of the Episcopal Church held this year in Los Angeles, CA. We will be staffing the "Ministries With Young Adults" booth in the exhibit hall at Convention and the students will attend the Young Adult Festival as well. We need special funding for this special event for plane tickets to L.A. since it's a bit far to drive the Bustang! So we are hosting a Spring Fundraiser during the month of March and first half of April...

CMSU will be taking orders for high-quality, Michigan-made mulch next month. The mulch will be delivered on Saturday, April 18th just in time to spread it around your yard and garden! Order forms and sign up sheets will appear soon in this church with information on ordering and delivery. There will be a discount for pre-orders as well as mulch for sale on April 18th. So please SAVE THE DATE and buy your mulch from CMSU this year to help us go to General Convention this summer.

As always thank you for your continued support of this ministry. Your contributions, meals are wonderful but we cherish above all your love and prayers and the great relationship we have with this parish.

God's Blessings,
Sarah+

WEDNESDAY EVENING LENT CLASS: REMEMBERING THAT WE ARE DUST

“Remember that you are dust, and to dust you shall return.” The directive for Lent is to ponder our mortality, our finitude, our eventual end. God has created us finite. All of us will die, as will our parents, our spouses, our friends and our children. We can think of this as something depressing, something to be avoided.

But as Christians, we proclaim that in death “life is changed, not ended.” And so death becomes something not to fear, but to ponder seriously. It is a passage to prepare ourselves to make, whether we are young, middle-aged or old.

During Lent, we will ponder our “dusty natures” and consider a range of issues related to the end of life and to the hope that is in us – the sure and certain hope of the resurrection. We will kick off the Wednesday evening adult class with a special guest speaker ... Thomas Lynch.

Thomas Lynch is a poet, writer and undertaker from Milford. His book of essays, *The Undertaking: Life Studies from the Dismal Trade*, was the winner of the 1998 American Book Award, and was a finalist for the National Book Award. Lynch will speak here at All Saints on Wednesday, March 4, at 7 p.m., an event open to the public. His visit is made possible by the Mary Sharp, Sr., Speaker Fund.

Join us for soup supper each Wednesday at 6 p.m., with the class

following from 6:45-8 p.m. (except for the first night, when we will begin at 7.)

-- **March 4 - Thomas Lynch** -- Author of *The Undertaking: Life Stories from the Dismal Trade*. Speaks on his life as a funeral director, the spirituality of his work, and on American attitudes toward death.

-- **March 11 – Planning for the End** -- A panel of All Saints’ parishioners who work in the funeral, hospice, legal and spiritual businesses surrounding death, explain how their expertise can help us prepare for our eventual end with grace and dignity.

-- **March 18 – The Sure and Certain Hope of the Resurrection** – CMSU chaplain Sarah Midzalkowski unpacks the prayers and symbolism of our burial liturgies to discover the hope we profess and the faith we proclaim, even at the grave.

-- **March 25 – Five Wishes** – Pastor Kit presents the Five Wishes DVD and guides you through a document that helps you express your wishes for care, comfort, medical treatment and family involvement at the end of your life. This document is a legal advance directive in Michigan.

-- **April 1 – Grief, Remembering, and Moving Forward** – Al and Sue Kamens help us learn how to acknowledge and cope with grief at the loss of a loved one, and how to live on through our lives after that loss.

--Kit

The Rice Bowl Returns

By Mary Fiedler

This year we will again have a weekly Rice Bowl offering. The Rice Bowl will be placed in the front of the sanctuary each Sunday, and on your way to communion, you are encouraged to put money in the Rice Bowl that would equal what you would ordinarily have spent on the thing you "gave up." So if you give up a daily Biggby or Starbucks' coffee, that could be \$15 to \$20 that could be given away each week for the sake of others.

When our outreach committee researched this area for programs that provide healthcare to the those without insurance we found Cristo Rey, one of only two privately owned medical clinics servicing the area. They have provided health care for many families in this area for over thirty years.

Cristo Rey began in 1961 as a parish that met the spiritual and social needs for the Spanish-speaking people of the Lansing area. In 1966, they built a community center on Ballard Street. It was there they expanded their services to meet the basic needs of the people. In 1987, they moved to their present location: the old elementary school which was refurbished to convert classrooms into offices.

The Community Center and Health Clinic has deep roots in the Lansing area and continues growing to meet the needs of the community. They serve mainly low-income, seniors, the uninsured and underinsured. They now have eighteen major programs and a highly diverse client base. Last year over 20,000 people received services at their center. Major programs besides the Health Clinic and Migrant Clinic include:

Direct assistance providing donated food, clothes, household items. Prescription drug assistance and help getting ICH card. Community kitchen, senior programs, jobs for teens helping others, employment and training, English as second language, counseling and guidance groups, substance abuse programs, programs for people with disabilities and more.

This year they will be the recipients of whatever offerings are put in our Rice Bowl during Lent and the O.T.C. items collected during March

O Gracious Lord, you love especially the "least of these," for it is when we meet them that we see you face to face. Grant us open hearts and open hands and open wallets to serve your children through Cristo Rey Community Center. Sustain and support the center staff and volunteers, give us and all of Lansing's citizens glad and generous hearts to continue the good work of Cristo Rey. We ask this in your name, O Christ our King, Cristo nuestro rey. Amen.

Exploring the Core . . .

By **Greg Veltema**, Building and Grounds Chair

The human body is composed of a trunk, with legs, arms and a head. Arms have elbows, hands and fingers. Legs have knees, feet and toes. Heads have two eyes, two ears, one nose and one mouth. Inside the head is a brain. All these body parts are inter-connected at the trunk. The less you use them, the weaker they get. The more you use them, the stronger they become. Somehow, it all seems to work together.

The body of all believers in Jesus Christ is called “The Church Universal.” Another use of the word “Church” refers to the physical structure where religious activities occur, such as worship, study, education, inreach, socialization and Outreach (helping others). Have you ever thought of how our church building is kind of like a “body” in that the hallways are serving as the arteries and veins that carry the life blood, i.e. the gospel message of Jesus Christ, as it is incubating and nurturing spirituality and Christian formation for service to the world, like in a hospital neo-natal unit? You come in the front door, get all charged up and then you go “evangelize” in your own personal calling in your secular role.

The Building and Grounds Committee is one of many committees that serve the vestry of the parish. We are a group of practical, down – to – earth committed Christian volunteers who have an interest in the maintenance and improvement of the real estate and buildings with interior and exterior features on the Earth’s surface God has entrusted to our care, to carry out his mission. We make recommendations to the vestry for action. We are responsible for the wise stewardship of about 20 percent of the annual budget.

I cordially invite you to volunteer some of your time, talent and energy and be involved in the Buildings and Grounds Ministry. There is always plenty of work to be done. We have a job for EVERYONE, no matter what your age, background, skill or talent level is. All are welcome. Simply contact any committee member for more information.

Anne Watson	David Riddell
Catherine Hornbach	Mary Anne Marvin
Bill Murphy	Barbara Backus
Greg Veltema	Scott Hoffman
Chris Thomas	Frank MacDougal
Andrew Tichelaar	Bill Willebrandt
Clark Burkell	Gary Scheuren
Wendell Lynch	Bee Moulton
Dave Courey	

OR

Express your interest by logging on to the All Saints webpage at www.allsaints-el.org. Click on the “Get Connected” link on the left side panel and subscribe to your areas of interest, including Buildings and Grounds and/or Grounds Clean-up. You will be notified electronically of when future meetings are called or your help is needed.

This year, I forecast that sometime between when the snow melts and May 15, the church parking lot islands will be re-planted for new growth, and the leaking flat roof surfaces will be drained and plugged. I expect a hot dry summer, when we will re-seal the parking lots. This fall, there will be more yard work to do. Around Advent, there will be more snow to shovel. I just love it when it rains, regardless of the temperature. God is watering his plants, including us.

What's new in Sheila's Corner?

Lent has begun. We have many opportunities for the children to learn more about what Lent and Easter is all about.

First there are family activity and devotion books available. If you would like one just let me know.

Second during Gathering Time, that starts at 9:45am in the lounge, we will be talking about Lent and Easter. A great opportunity for hands-on learning is the services during Holy Week. Please try to make it possible for your family to attend. It is a wonderful time for the children to gain understand of the mysteries behind Easter.

After the noon Easter service, there will be an Easter Egg hunt for the children. We are looking for donations of candy, small items and plastic eggs.

If you are interested in donating items please drop them off in the office.

This Spring we will be starting a new group - MOPS - Mother of Preschoolers. This group will have guest speakers, activities, crafts and many other things that the group decides to do. Childcare will be provided. The group will meet one Friday evening a month from 6:30-8:00pm. If you are interested, please let Sheila know. All moms are welcome they do not need to be a part of All Saints family to come.

Vacation Bible School will be here before we know it, June 15-18 in the evenings. I am looking for volunteers who will help with story telling, crafts, service projects, games, snacks, group leaders and the meals. If you interested in helping in any capacity please let me know.

Sunday Adult Forum: Messiah – the Lent Section

Gordon Rohman led a fascinating series on the Advent music of Handel's *Messiah* in 2007. He returns with a series of sessions on the Lenten music of the classic oratorio. For five weeks, we'll listen and learn how Handel tells the story of Christ's death and resurrection. Join Gordon in the lounge at 11:30 a.m. on March 1, 8, 15, 22, and 29.

Living With Cancer Support Group Continues

The initial meetings of the Living With Cancer Group have proven to be valuable and life-giving for the people who attend. The group intends to continue, and welcomes anyone who has cancer, is recovering from cancer, or who loves and supports someone with cancer to attend. The group is open to both men and women. It is also open to people outside

of All Saints -- neighbors and friends who might need this kind of support. It meets for an hour at 7 p.m. on the second Tuesday of the month. The meeting is a chance to share experiences and thoughts, and to gather in prayer for one another. Please speak to Pastor Kit if you have any questions about the group. Its next meeting is Tuesday, March 10.

Rebuilding Together of Ingham County

Neil Plante, Outreach Member

Rebuilding Together of Ingham County is a local chapter of "Rebuilding Together of Safe & Healthy Homes Initiative" that responds to the needs of our communities' elderly and disabled homeowners. Through donations and volunteers they provide necessary repairs and upgrades that enable those person/persons to remain independently in their homes. The rising costs of living have left some of our most vulnerable neighbors without the most basic necessity, a warm, safe and dry home. To learn more about Rebuilding Together you can go to www.rebuildingtogether.org.

All Saints will again sponsor a house for Rebuilding Together-Ingham County, Saturday April 25, by providing volunteers to a local homeowner. We are in need of volunteers,(volunteers must be 14 years of age) and are interested in working with fellow parishioners. If you have special skills; ex: carpentry, electrical, plumbing etc, those skills are always welcome. However, we need more **will** than skill. We will be doing basic home clean up, yard work, painting

etc. For those who volunteered last year I think you will agree that it was amazing how much of an impact we made in just half a day!

Materials for the project will be donated from local sponsors. We may ask for you to bring your own yard tools etc. Lunch and drinks will be provided.

From past experience of working with Rebuilding Together I can promise you that no matter how much you bring with you on that day, you will walk away with more than you came with. Please join us in seeing how just one day of volunteer work can impact a persons life.

Due to the co-ordination of services we do need to have our volunteer base known by March 10th so we can better plan our day. Please see the display in front of the bulletin board downstairs and contact Neil or Carolyn Plante at 517-655-2893, leave your name and phone number or email us at neil.p@verizon.net.

Jesus Seminar Comes to Peoples Church

The Jesus Seminar on the Road will return to East Lansing on March 27 and 28 at the Peoples Church. This year's theme is "Peter, Paul and Mary: Three Early Christian Voices," presented by Dr. Kathleen E. Corley, the Oshkosh Northwestern Distinguished Professor, and Dr. Bernard Brandon Scott, Darbeth Distinguished Professor of New Testament at Phillips Theological Seminary. Cost for all sessions is \$75, and for single sessions is \$30. You can register online at westarinstitute.org.

ALL SAINTS OUTREACH...We Need YOU!!

By Janet Chegwidden, Outreach Committee Chair

All Saints Episcopal Church and your Outreach Committee have, for many years, committed the parish to support local organizations that provide ongoing shelter, food and necessities to those in need. The organizations listed below count on us-along with other churches and individuals-to assist the less fortunate in our community. We take these commitments very seriously and look to you to help us meet them....

ADVENT HOUSE, located in Westminster Presbyterian Church at the corner of MLK Blvd. and Oakland Ave. in Lansing, provides a variety of services to the homeless, including a midday meal. ALL SAINTS HAS COMMITTED TO provide, prepare and serve the noon meal on the first Saturday of each month. The parish covers the cost and various parishioners assume the responsibility each month. To learn more or to volunteer, contact Barbara Backus (351-0170 or backbarb@yahoo.com) or Kathy Berry (393-9675 or KEBerry313@aol.com)

HAVEN HOUSE, our neighbor at 121 Whitehills Drive, provides short-term shelter for homeless women and families with children and also maintains a local branch of the Food Bank. ALL SAINTS PARISHIONERS ARE ASKED:

1. to bring a non-perishable boxed or canned food item to church each Sunday. A "Food of the Month" is listed in the Bulletin, but all items are welcome and may be placed in the **basket at the rear of the sanctuary**.
2. to volunteer, on a monthly basis, to deliver each week's food collection to Haven House.

TO LEARN MORE OR TO VOLUNTEER, contact Dorrie Dean (332-7611 or dsedelm@gmail.com) or Janet Chegwidden (351-9376 or chegwid1@msu.edu)

LOAVES AND FISHES MINISTRIES, located at 831 North Sycamore in Lansing, provides short-term shelter for homeless men. ALL SAINTS HAS COMMITTED to provide and deliver an evening meal for 15 on the fourth Tuesday of each month. **Reimbursement is available for parishioners volunteering for this ministry.** TO LEARN MORE OR TO VOLUNTEER, contact Dorrie Dean (332-7611 or desedelm@gmail.com) or Janet Chegwidden (351-9376 or chegwid1@msu.edu)

INGATHERING FOR CHRISTIAN SERVICES (Barrel Collections)

ALL SAINTS participates in monthly ingathering's in support of other Christian Services network churches. These items can be placed in the Outreach barrels located at the Grove Street entrance and the Outreach Bulletin Board across from the Undercroft. Watch the Bulletin and Messenger for items to be collected each month.

SUPERVISED INDEPENDENT LIVING PROGRAM (SILS) is a program administered by the Child & Family Services/Capital Area Agency for 18-year-olds who have "aged out" of foster care and must live alone. The teens have no family to assist them and there is no state funding for basic furniture or household goods. ALL SAINTS PARTICIPATES in this ministry twice per year by collecting household supplies. TO LEARN MORE contact Ruth Ann Jones (303-4751 or karakul2@comcast.net)

REBUILDING TOGETHER/INGHAM COUNTY is part of a national movement that organizes volunteers DURING THE MONTH OF APRIL who deliver free home repair services to low-income, disabled and older adult homeowners to assure that they live in warmth, safety and independence. TO LEARN MORE OR TO VOLUNTEER, contact Carolyn or Neil Plante (655-2893 or neil.p@verizon.com)

HAITI OUTREACH MISSION is a non-profit organization dedicated to helping the people, especially the children, of Mirebalais, Haiti. ALL SAINTS supports this group by sending volunteer missionaries and collecting items of need. FOR MORE INFORMATION contact the rector, Kit Carlson+.

ACTION OF GREATER LANSING is a coalition of 13 diverse congregations in the Greater Lansing area that have come together to address gaps within the local political and economic systems. All Saints participates as a parish to help identify each year's justice focus, helping to research the chosen area and by attending the Nehemiah Action Assembly, a community-wide gathering of supporters each spring. FOR MORE INFORMATION contact the rector, Kit Carlson+

**THE OUTREACH COMMITTEE MEETS THE 2ND THURSDAY OF EACH MONTH 6 pm to 7:30 (for sure!) WE WELCOME NEW MEMBERS!!!
IF NOT YOU—WHO?**

Haven House Cleaning Basket Collection Scheduled for April

By Marcia Austreng, Outreach Member

Plan Ahead! For the month of April, the Outreach ingathering project will be collecting cleaning supplies for Haven House. When families leave Haven House to establish their new household, they are provided with a start-up basket of cleaning supplies. These items are especially helpful because they can not be purchased with food stamps. Haven House has a need for seven to eight of the baskets each month and All Saints has committed to collecting eight baskets in April for use by Haven House in May. The cleaning materials are placed in sturdy laundry baskets and range from pine cleaner and mops and brooms to pot holders and first aid kits. Watch for details about this project on the easel by the Outreach bulletin board in mid-March.

Parish Life, March 2009

Parish life activities tend to be lighter during Lent, although we enthusiastically encourage everyone to join us for breakfast on the 8th and the coffeehouse on the 20th. We'd love to see and to visit with you.

During this respite from our usual routine, however, we hope you are able to take some time to explore other aspects of your spiritual life in Christ and at All Saints. There are soup suppers, lectures and learning opportunities, and time for quiet reflection and worship throughout the season. Fellowship comes in many forms, and we hope you take the time away from our activities to explore other areas of the parish.

Of course, we look forward to reawakening the noise and joy of celebration at ASEC at Easter and beyond. We can't stay quiet for long!

Upcoming Events—March

Second-Sunday Breakfast

March 8, 8:45 to 9:45 a.m., in the undercroft

Join your All Saints friends for a hot breakfast between the 8:00 and 10:00 a.m. services. Three dollars brings you eggs and sausages, a croissant or Danish, and juice. Everyone welcome!

Coffeehouse

Friday, March 20, 7:30 to 9:30 p.m., in the undercroft

Join your All Saints' family for an evening of singing, acting, and readings at the monthly All Saints coffeehouse. The coffeehouse is free and children are welcome; they're not even required to sit still. Coffee and popcorn provided; snack and other beverages may be brought to share. We would love to have you join us.

Interested in assisting with Parish Life? Please call Matt Helm at (517) 337-0758 or Marguerite Halversen at (517) 333-0251.

From Bill Brook's Aunt Ruth

To all of Bill's many friends -
Thank you so much for all
of your attention & kindness
to Bill over the years.

We will have a small
service here at his Church and
then sometime this summer take
him to Northwest Oklahoma where
he grew up. For burial with
his grandparents whom loved
him so much and started
him on his successful
independent life - And what
a life it was!

May God bless each of
you for loving and caring
for him -

Sincerely
Aunt Ruth Bennett

March 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Lent 1 8 a.m. Holy Eucharist 9:00 a.m. Adult Bible Study 9:45 a.m. Children's Sunday School classes 10 a.m. Holy Eucharist 11:30 a.m. Adult Forum 11:30 a.m. Bell Choir 11:30 a.m. Youth Christian Ed classes 2 p.m. Writers Forum 5 p.m. Canterbury MSU	2 10 a.m. Interracial Fellowship 2 p.m. Staff Mtg. 5:30 p.m. MiRCRC 7 p.m. Prayer/ Study group 7:30 p.m. AA	3 12:15 p.m. Bible Study 7 p.m. Sine Nomine 7:30 p.m. AA	4 12 noon Parkinson's Support Group 5:30 p.m. Cherub Choir 5:30 p.m. Holy Eucharist 6 p.m. Supper 6:30 p.m. Children's Choir 7:00 p.m. Adult Ed class 7:30 p.m. Debtors A	5 7 a.m. Holy Eucharist with breakfast following 6:30 p.m. ACLU 6:30 p.m. Bell Choir 7:30 p.m. ACOA 7:30 p.m. Adult Choir 8 p.m. AlAnon	6 1 p.m. Duplicate Bridge	7 Cmsu Spring Trip 10 a.m. Advent House
8 Lent 2 Daylight Savings March birthdays 8 a.m. Holy Eucharist 8:45 a.m. 2 nd Sunday Breakfast 9 a.m. Adult Bible Study 9:45 a.m. Children's Sunday School classes 10 a.m. Holy Eucharist 11:30 a.m. Adult Forum 11:30 a.m. Bell Choir 11:30 a.m. Youth Christian Ed classes 2 p.m. Writers Forum Cmsu Spring Trip	9 2 p.m. Staff Mtg. 5:30 p.m. Rite 13 7 p.m. Prayer/ Study group 7:30 p.m. AA Cmsu Spring Trip	10 12:15 p.m. Bible Study 7 p.m. Cancer Support group 7 p.m. ECW 7 p.m. Sine Nomine 7:30 p.m. AA	11 5:30 p.m. Cherub Choir 5:30 p.m. Holy Eucharist 6 p.m. Supper 6:45 p.m. Children's Choir 7:00 p.m. Adult Ed class 7:30 p.m. Debtors A	12 7 a.m. Holy Eucharist with breakfast following 6:30 p.m. Bell Choir 7 p.m. Outreach 7:30 p.m. ACOA 7:30 p.m. Adult Choir 8 p.m. AlAnon	13 Messenger deadline 1 p.m. Duplicate Bridge Cmsu Spring Trip	14 Haiti Outreach Mission Trip Cmsu Spring Trip
15 Lent 3 8 a.m. Holy Eucharist 9 a.m. Adult Bible Study 9:45 a.m. Children's Sunday School classes 10 a.m. Holy Eucharist 11:30 a.m. Adult Forum 11:30 a.m. Bell Choir 11:30 a.m. Youth Christian Ed classes 2 p.m. Writers Forum 5 p.m. Canterbury MSU Haiti Outreach Mission Trip	16 2 p.m. Staff Mtg 5:30 p.m. Rite 13 7 p.m. Prayer/ Study group 7:30 p.m. AA Haiti Outreach Mission Trip	17 8 a.m. All Saints breakfast group, Coral Gables 12:15 p.m. Bible Study 7 p.m. B & G Mtg 7 p.m. Sine Nomine 7:30 p.m. AA	18 5:30 p.m. Cherub Choir 5:30 p.m. Holy Eucharist 6 p.m. Supper 6:45 p.m. Children's Choir 7:00 p.m. Adult Ed class 7:30 p.m. Debtors A	19 7 a.m. Holy Eucharist with breakfast following 6:30 p.m. Bell Choir 7:30 p.m. ACOA 7:30 p.m. Adult Choir 8 p.m. AlAnon	20 1 p.m. Duplicate Bridge 7:30 p.m. Coffee House Haiti Outreach Mission Trip	21 9 a.m. Diocesan Council Meeting 9:30 a.m. Needlers
22 Lent 4 8 a.m. Holy Eucharist 9 a.m. Adult Bible Study 9:45 a.m. Children's Sunday School classes 10 a.m. Holy Eucharist 11:30 a.m. Adult Forum 11:30 a.m. Bell Choir 11:30 a.m. Youth Christian Ed classes 2 p.m. Writers' Workshop 5 p.m. Canterbury MSU	23 1:30 p.m. East Lansing Women's Club 2 p.m. Staff Mtg. 5:30 p.m. Rite 13 7 p.m. Prayer/ Study group 7:30 p.m. AA	24 12:15 p.m. Bible Study 6:30 p.m. Quilters 7 p.m. Sine Nomine 7 p.m. Vestry 7:30 p.m. AA	25 5:30 p.m. Cherub Choir 5:30 p.m. Holy Eucharist 6 p.m. Supper 6:45 p.m. Children's Choir 7:00 p.m. Adult Ed class 7:30 p.m. Debtors A	26 7 a.m. Holy Eucharist with breakfast following 6:30 p.m. Bell Choir 7:30 p.m. ACOA 7:30 p.m. Adult Choir 8 p.m. AlAnon	27 1 p.m. Duplicate Bridge	28

AA = Alcoholics Anonymous
 ANS = Abbott Nursery School

ACOA = Adult Children of Alcoholics
 Debtors A = Debtors Anonymous

AlAnon = Family and Friends of Alcoholics

The Messenger is published by All Saints Episcopal Church, 800 Abbot Road, East Lansing, MI 48823

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Holy Eucharist Schedule: 8 a.m. and 10 a.m. Sunday;

5 p.m. Sunday for Canterbury MSU student ministry; and 7 a.m. on Thursday

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